

****There are 2 Red Plums, 2 SmartSources, and 1 GM insert (the GM says SS on the binding...?)**

General Mills Everyday Saver (mini SS)

Green Giant Valley Fresh Steamers – 50 cents off any 1 (x2/28)
 Green Giant Frozen Bagged Vegetables 19-24oz ONLY – 40 cents off any 1 (x2/28)
 Green Giant Frozen Boxed Vegetables – 50 cents off any 2 (x2/28)
 Green Giant Just For One! Vegetables – 50 cents off any 1 (x3/28)
 Pillsbury Grands! Biscuits, Cinnamon Rolls, Mini Cinnamon Rolls, or Pillsbury Dinner Rolls (frozen) – 40 cents off any 1 (x3/28)
 Pillsbury Grands! Cinnamon Rolls or Mini Cinnamon Rolls (frozen) – 55 cents off any 1 (x2/28)
 Betty Crocker Box or Pouch Potatoes (except potato buds) – 25 cents off any 1 (x2/28)
 Yoplait Go-Gurt yogurt, Go-Gurt Fizzix yogurt, Go-Gurt Smoothie, or Trix Multipack yogurt – 75 cents off any 2 (x2/28)
 Yoplait Go-Gurt yogurt, Go-Gurt Fizzix yogurt, Go-Gurt Smoothie, or Trix Multipack yogurt – 35 cents off any 1 (x2/28)
 Yoplait Kids Cup yogurt or Yogurt Drink – 50 cents off any 1 (x2/28)
 General Mills Cereals - \$1.00 off any 3 listed (will list later) (x2/14)
 Basic 4, Boo berry, Cheerios (any), Chex (any), Cinnamon Toast Crunch, Cocoa Puffs, Cookie Crisp (any), Count Chocula, Curves, Disney's, Dora the Explorer, Fiber One (any), Franken Berry, French Toast Crunch, Golden Grahams, Honey Nut Clusters, Kix, Lucky Charms (any), Nature Valley (any), Nestle La Lechera Flakes, Oatmeal Crisp (any), Raisin Nut Bran, Reese's Puffs, Total (any), Trix, Wheaties
 Betty Crocker Fruit by the Foot, Fruit Gushers, Fruit Roll-ups, or Fruit Roll-ups Fruit Stickerz flavored snacks – 50 cents off any 2 (x2/28)
 Betty Crocker Fruit Flavored Shapes – 50 cents off any 2 (x2/28)
 Nature Valley Granola Bars – 50 cents off any 1 box (x2/28)
 Fiber One Chewy Bars – 50 cents off any 1 box (x2/28)
 Fiber One Complete Pancake Mix 28.3oz – 60 cents off any 1 (x2/28)
 Pillsbury Crescent Dinner Rolls – 25 cents off any 1 (x3/28)
 Pillsbury Toaster Strudel Pastries – 55 cents off any 2 (x3/28)
 Pillsbury Sweet Rolls or Grands! Sweet Rolls – 30 cents off any 1 (x3/28)
 (2) Yoplait Yogurt Cups (includes original, light, thick&creamy, or whips) OR Yoplait Original OR Light Smoothie – 40 cents off any 6 (x2/28)
 Progresso Soups - \$1.00 off any 4 (x2/28)

Big SmartSource 1

Boost Kid Essentials Nutritionally Complete Drink multipack - \$2.00 off any 1 (x2/15)
 Boost Nutritional Energy Drink - \$2.00 off any 2 (x2/15)
 Boost Glucose Control Nutritional Drink - \$2.00 off any 1 (x2/15)
 Carnation Instant Breakfast product - \$1.00 off any 1 (x2/15)
 Nestle Coffee-Mate liquid or powder – 50 cents off any 1 (4/05)
 Nescafe Taster's Choice 5.3oz + - \$1.00 off any 1 (x4/05)
 Nestle Juicy Juice products - \$1.00 off any 2 (x4/05)
 Cascadian Farms product - \$1.000 off any 1 (x3/28)

MIR – Special ½ Price offer. “Buy these product(s), use the coupons on the following pages, and mail in the rebate form below. Maximum rebate amount up to \$10.00 (rebate based on price paid after coupon)”

Bayer 24ct +

Aleve 20ct +

Aleve-D products

OneAday Multivitamin Supplement

Neo-Synephrine Nasal Decongestant (any)
Alka-Seltzer Plus Cold or Mucus Products (excludes 4ct)
Medicated Campho-Phenique products
Flintstones Multivitamin Supplement
Citracel products
Phillips' products
Receipts must be dated 01/04/09-01/18/09

Need UPC and original store identified register receipt(s)
One request per promotion per individual/family/address

One A Day Adult or Teen Multivitamin product - \$1.00 off any 1 (x3/31)
Flintstones product - \$1.00 off any 1 (x3/31)
Citracel product (excludes Creamy Bites) - \$1.00 off any 1 (x3/31)
Alka-Seltzer Plus product - \$1.00 off any 1 (x3/31)
Campho-Phenique product - \$1.00 off any 1 (x3/31)
Aleve-D product - \$1.00 off any 1 (x3/31)
NeoSynephrine product - \$1.00 off any 1 (x3/31)
Aleve 20ct + - \$1.00 off any 1 (x3/31)
Bayer Aspirin 24ct + - \$1.00 off any 1 (x2/28)
Phillips product - \$1.00 off any 1 (x3/31)

Bird's Eye Steamfresh Veggie or Rice variety - 35 cents off any 1 (x2/14)
Bird's Eye Steamfresh Meals for Two variety - \$2.00 off any 1 (x2/14)
Campbell's Select Harvest soup cans - 50 cents off any 2 (x2/15)
Campbell's Condensed Soups (except Chicken Noodle, Tomato or Creams) - 40 cents off any 2 (x3/31)
Campbell's Chicken Noodle and Tomato Condensed Soups - 40 cents off any 4 (x3/31)
Campbell's 26oz Condensed Soups - 40 cents off any 2 (x3/31)
Campbell's Chunky Healthy Request soups - 50 cents off any 2 (x3/31)
Campbell's Select Harvest Healthy Request soups - 50 cents off any 2 (x3/31)
Campbell's Healthy Request Condensed Soups - 40 cents off any 2 (x3/31)
Campbell's Condensed Cooking Soups - 30 cents off any 4 (x3/31)
Minute Rice product - 50 cents off any 1 (x3/28)
The Laughing Cow Cheese Wedges - 55 cents off any 1 (x3/31)
V8 100% Veggie Juice (46oz, 11.5oz 6pk, 5.5oz 6-pk) - 50 cents off any 1 (x3/31)
EatSmart All Natural Snack 3.5oz + - \$1.00 off any 1 (x3/31)
Snyder's of Hanover Multigrain Snack 5oz+ = \$1.00 off any 1 (x3/31)
Sensodyne Toothpaste (except trial size) - 75 cents off any 1 (x3/31)
Sensodyne ProNamel Toothpaste - 75 cents off any 1 (x3/31)
Lysol Bathroom Cleaner - 50 cents off any 1 (x3/02)
Lysol Toilet Bowl Cleaners - \$1.00 off any 2 (x3/02)
Lysol All Purpose Cleaner Trigger, Antibacterial Kitchen Cleaner, or Lysol Plus Bleach - 50 cents off any 1 (x3/02)
Lysol Disinfectant Spray 12oz+ = \$1.00 off any 1 (x3/02)
Lysol Disinfecting Wipes - \$1.00 off any 1 (x3/02)
Lysol All Purpose Cleaner Pourable - 50 cents off any 1 (x3/02)
Resolve product - \$1.00 off any 1 (x2/15)
Spray 'n Wash product - 50 cents off any 1 (x2/15)
Nicorette 100ct+, NicoDerm CQ 14ct+, or Commit 72ct+ - \$15.00 off any 1 (x2/02)
Dial Body Washes (excludes trial size) - \$1.00 off any 2 (x3/31)
Dial Multibar Pack, Liquid Hand Soap or Foaming Hand Wash - 35 cents off any 1 (x3/31)
Aquafresh White Trays or White Trays Pro-Gentle System - \$5.00 off any 1 (x3/31)
Pop-Secret Microwave Popcorn - 50 cents off any 2 boxes (x2/15)
Citrucel with Smartfiber Soft Chews 60 ct - \$2.00 off any 1 (x2/05)
Citrucel product (orange powder, sugar free orange powder, caplets, and soft chews) - \$1.00 off any 1 (x2/05)
FiberChoice 90ct fiber supplements - \$3.00 off any 1 (x2/01)
Dannon Frusion 7oz bottles - \$1.00 off any 4 (x2/28)
Finish/Electrol Powerball Tabs, Gelpacs, or Quantum - \$2.50 off any 1 (x2/01)

Aquafresh Premium Toothpaste (Advanced, Extreme Clean, White & Shine, or Sensitive) 5.6oz + - 75 cents off any 1 (x4/18)
Aquafresh Premium Toothbrush (gel flex or deep action) - \$1.00 off any 1 (x4/18)
Beano product 30ct+ - \$1.00 off any 1 (x3/31)
Beano To Go product 12ct only – 50 cents off any 1 (x3/31)
Polident or Poligrip products - \$1.00 off any 2 (x3/28)
Air Wick Scented Oil Refills - \$1.00 off any 2 (x2/15)
Air Wick – Warmer Free wyb Scented oil refill fragrance up too 3.19 (x2/15)
Dannon 6oz Single-serve cups - \$1.00 off any 10 (x2/28)

Big SmartSource 2

Welch's Jam & Jellies (22oz squeezable jamaes, jellies, spreads, or 18.8oz reduced sugar spread)- \$1.00 off any 2 (x3/31)
Healthy Choice Fresh Mixers - \$1.00 off any 1 (x3/31)
Os-Cal - \$2.50 off any 1 (x5/02)
Mission Tortillas Plus! Better-For-You Tortillas any size/variety - \$1.00 off any 1 (x4/30)
Equal 100ct + packets - \$1.50 off any 1 (x4/04)
Dole Frozen Fruit packages - \$1.50 off any 2 (x2/28)
Whole Body Cleanse - \$3.00 off any 1 (x4/04)
Jell-O pudding snacks or Gelatin snacks – 50 cents off any 1 (x2/01)
Cool Whip whipped topping in a can – 50 cents off any 1 (x2/01)
Powerade Zero 32oz bottle – 40 cents off any 1 (x2/15)
Atkins Single Bars - \$1.00 off any 2 (x3/31)
Atkins Shake 4-pack - \$1.00 off any 1 (x3/31)
Hershey's 100 Calorie Bars 4.4oz+ or Hershey's Snacksters product 4.44oz+ - 75 cents off any 1 (x3/31)
Reese's Whipples Bars 1.9oz + - \$1.00 off any 2 (x3/31)
Garnier Nutritioniste cleanser or moisturizer - \$1.00 off any 1 (x4/30)
Rubbermaid Tote or Clear Tote 12 quart + - \$1.00 off any 1 (x03/31)
Rubbermaid Easy Find Lids Premier or Product Saver container - \$1.00 off any 1 (x3/31)
Freestyle – Up to \$20.00 off purchase of FreeStyle Lite Blood Glucose Test Strips 100-count (x6/30)
Freestyle – Up to \$9.99 off purchase of any FreeStyle Brand Blood Glucose Monitoring System (x6/30)
Sargento Natural Cheese Snacks 5oz+ - \$1.00 off any 2 (x3/31)
Spot Shot Instant Carpet Stain & Odor Eliminator product – 55 cents off any 1 (x4/30)
Bonus Offer – Buy one Spot Shot and Receive \$5.00 off one admission to see Marley & Me – Visit spotshot.com for details. *With proof of purchase. One per person/household. Expires 02/27/09
Tyson Refrigerated Chicken or Steak strips – 55 cents off any 1 (x4/05)
Tyson Frozen Chicken or Beef Strips - \$1.00 off any 1 (x4/05)
3 months free subscription to Cooking Light – subscribe at www.embracedinner.com/cookinglightoffer
Healthy Ones 11lb meat sliced fresh from the deli or any package Healthy Ones Deli Pre-sliced – 75 cents off (x3/31)
Healthy Ones packaged lunchmeat, franks, or smoked sausage – 75 cents off any 1 (x3/31)
Wholly Guacalmole or Wholly Salsa - \$1.00 off any 1 (x2/28)
Wholly Guacalmole or Wholly Salsa – 50 cents off any 1 (x3/31)
Old Orchard 64oz fruitsense vitamin water - \$1.00 off any 2 (x3/31)
Old Orchard 64oz fruitsense vitamin water - \$1.00 off any 1 (x3/31)
Chef Boyardee Can or Microwave Pasta – 35 cents off any 3 (x2/28)
Post Shredded Wheat Cereals - \$1.00 off any 2 (x2/15)
Airborne - \$2.00 off any 1 (x3/01)
Freschetta Pizzamore' Pizza - \$1.00 off any 1 (x3/08)
Act Restoring Mouthwash or Act Fluoride Rinse 18oz - \$1.00 off any 1 (x3/01)
Act Restoring Mouthwash 33.8oz - \$2.00 off any 1 (x3/01)
Gold Bond Ultimate Restoring or Soothing Lotion (any size) - \$2.00 off any 1 (x3/31)
Gold Bond Ultimate Healing or Softening Lotion (excludes 1oz trial size) - \$1.00 off any 1 (x3/31)
SoyJoy - \$3.00 off any 10 bars (x3/31) These are 10/\$5 at RA this coming week w/ a 5\$ SCR wyb 10...3\$ MM!!
SoyJoy – BOGO up to \$1.39 (x2/28)

IcyHot, Aspercreme, Capzasin, Sportscreme, or Flexall product (excludes IcyHot 1 ct Back Patch) - \$1.00 off any 1 (x4/04)
Soft Scrub product – 50 cents off any 1 (x3/01)
Softsoap Liquid Hand Soap 7.5oz or 12oz – 35 cents off any 1 (x1/24)
Palmolive Dish Liquid – 25 cents off any 1 (x1/24)
Palmolive Pure+Clear liquid dish soap 20oz – 75 cents off any 1 (x1/24)
Colgate Total Advanced Whitening, Advanced Clean, or Advanced Fresh only, 4.0oz+ - \$1.00 off any 1 (x1/24)
Colgate Toothpaste Adult or Children’s 4.0oz+ - 75 cents off any 1 (x1/24)
Colgate Adult Manual Toothbrush – 75 cents off any 1 (x1/24)
Theraflu product - \$1.50 off any 1 (x3/31)
Triaminic product - \$1.00 off any 1 (x3/31)
Benefiber Stick Pack product - \$2.00 off any 1 (x3/31)
Benefiber product - \$2.00 off any 1 (x3/31)
Maalox product - \$1.50 off any 1 (x3/31)
Gas-X product - \$1.00 off any 1 (x3/31)
Excedrin product 80ct + - \$2.00 off any 1 (x3/31)
Excedrin product 20ct + - \$1.00 off any 1 (x3/31)
Fuze 6-pack - \$1.00 off any 1 (x4/30)
Fuze – 25 cents off any 1 (x4/30)
Oust Surface Disinfectant & Air Sanitizer – BOGO up to 4.25 (x2/28)
Kleenex Lotion Facial Tissue (excludes individual pocket pack or juniors tissues) – 40 cents off any 1 (x2/28)
Kleenex – 50 cents off any 3 packages or 1 bundle pack (excludes individual pocket pack or juniors tissues) (x2/28)

Smaller Red Plum

Garnier Fructis Shampoo, Conditioner or Treatment (excludes trial size) - \$1.00 off any 1 (x5/01)
Garnier Fructis Style product (excludes trial size) - \$1.00 off any 1 9x5/01

“Enhance your Wellness with Over \$100.00 in savings”

OneTouch UltraSmart Blood Glucose Monitoring System – Save up to 30\$ x01/31/09
OneTouch Ultra 2 or UltraMini Blood Glucose Monitoring System – Save up to 20\$ x01/31/09
OneTouch UltraSoft Lancets – Save up to \$5.00 x02/28/09
Viactiv Soft Chews Dietary Supplement - \$1.00 off any 1 (x2/28)
Viactiv Flavor Glides Dietary Supplement - \$1.00 off any 1 (x2/28)
Tylenol Cold, Sinus, or Allergy product (excludes trial sizes) - \$1.00 off any 1 (x4/04)
Luden’s 30ct pack - \$1.00 off any 1 (x4/04)
Tylenol Extra Strength, 8 Hour, or Arthritis products (excludes trial sizes “E-T-S”) - \$1.00 off any 1 (x3/31)
Tylenol PM or Simply Sleep (E-T-S) - \$1.00 off any 1 (x6/15)
Motrin product (E-T-S) - \$1.00 off any 1 (x3/31)
St Joseph product (E-T-S) - \$1.00 off any 1 (x3/31)
Tylenol Infants, Infant’s Motrin, or Simply Soothing (E-T-S) – \$2.50 off any 2 (x3/31)
Children’s Tylenol, Children’s Tylenol Plus, Children’s Motrin, or Pedicare (E-T-S) - \$2.50 off any 2 (x3/31)
Visine Tears Dry Eye Relief product- \$2.00 off any 1 (x6/30)
Visine product - \$1.00 off any 1 (x6/30)
Johnson’s Baby or Buddies product (E-T-S) - \$1.00 off any 1 (x3/31)
Pepcid, Mylanta, Lactaid, Rolaid, or Imodium (E-T-S) – Up to \$4.00 off 2 (x3/31)
Pepcid, Mylanta, Lactaid, Rolaid, or Imodium (E-T-S) – Up to \$1.00 off 1 (x3/31)
Stayfree product – BOGO up to \$7.50 (x3/01)
O.B. product (E-T-S) - \$1.00 off any 1 (x3/01)
Carefree products 34ct + - \$1.00 off any 2 (x3/01)
Monistat or E.P.T - \$4.00 off any 1 (x3/01)
KY, Tucks, or Soothing Care product - \$3.00 off any 1 (x3/01)
Splenda with Fiber - \$1.00 off any 1 (x4/01)
Splenda product - \$1.00 off any 1 (x4/01)
Lubriderm Intense Skin Repair 16fl oz lotion or 5oz cream - \$1.00 off any 1 (x4/05)

Lubriderm Body Lotion or Cream 5oz + - \$1.00 off any 1 (x4/05)

Kellogg's Special K Protein Products Multi-packs 4ct + - \$1.00 off any 2 (x3/01)

Kellogg's Special K Cereals 11.4oz+ - \$1.00 off any 2 (x2/15)

Kellogg's Special K Cereal Bars or Special K Bliss Bars 5ct+ - \$1.00 off any 2 (x3/01)

Nature's Bounty product - \$1.00 off any 1 (x2/28)

Big Red Plum

L'oreal Coupons: looks like they all expire 03/29/09

- Preference - \$2.00 off any 1
- Facial Skin Care product - \$2.00 off any 1
- Double Extend Beauty Tubes Mascara or Any other Eye Product - \$2.00 off any 1
- True Match Makeup, Powder, Blush or Concealer - \$3.00 off any 1
- HIP Eye or Lip product - \$2.00 off any 1
- Infallible Lip or Any other Lip product - \$2.00 off any 1
- Kids Haircare product - 75 cents off any 1
- Vive Pro Shampoo, Conditioner, or Treatment - \$1.00 off any 1

Starkist Pouch products 4.5oz + - Buy 2 Get 1 Free up to \$2.10 (x2/28)

Ester-C product - \$1.00 off any 1 (x2/15)

Flex-a-min Joint Care product - \$5.00 off any 1 (x2/15)

Slim-Fast Ready-to-Drink Multi-Pack or Powder Canister - \$1.40 (yes, \$1.40) off any 1 (x3/31)

Slim-Fast Bars MultiPack - \$1.25 off any 1 (3/31)

All or Surf Laundry Detergent - 40 cents off any 1 (x2/22)

All 96-Load + Liquid Laundry Detergent - \$1.50 off any 1 (x2/22)

Wish-Bone Salad Spritzers Dressings 7oz - 60 cents off any 1 (x2/28)

Wish-Bone Bountifuls Dressings 9.5oz, Wish-Bone or Wish-Bone Western Dressings 16oz+ - 75 cents off any 2 (x2/28)

Smucker's Uncrustables sandwiches - \$1.00 off any 2 (x4/30)

Smucker's Natural Peanut Butter products - \$1.00 off any 2 (x3/31)

Crisco Puritan Canola Oil with Omega-3 DHA - \$1.00 off any 1 (x3/31)

Smucker's Jams, Jellies, Preserves, or Fruit Spread products - \$1.00 off any 3 (x3/31)

Jif Peanut Butter products - \$1.00 off any 3 (x3/31)

Truvia Natural Sweetener - 55 cents off any 1 DND-5 (x3/31)

Centrum product (ex30ct) - \$3.00 off any 1 (x3/31)

Centrum Silver product (ex30ct) - \$3.00 off any 1 (x3/31)

Centrum Cardio product - \$3.00 off any 1 (x3/31)

Centrum Performace product - \$3.00 off any 1 (x3/31)

Centrum Kids product - \$3.00 off any 1 (x3/31)

Caltrate product (ex30ct) - \$3.00 off any 1 (x3/31)

ThermaCare HeatWraps (E-T-S) - \$1.00 off any 1 (x3/01)

ThermaCare Arthritis HeatWraps (E-T-S) - \$1.50 off any 1 (x3/01)

Robitussin product - \$1.00 off any 1 (x4/30)

Goodlife Treat for Cats - 50 cents off any 1 (x4/05)

Goodlife Food for Dogs or Cats - \$2.00 off any 1 (x4/05)

Goodlife Treats for Dogs - \$1.00 off any 1 (x4/05)

Pure Protein Hot'n Healthy Oatmeal Square or Any Pure Protein Bars – Buy 2 get One Free up to \$1.59 (x2/28)
SlimShots Liquid Appetite Controller - \$3.00 off any 1 (x4/30)
Real Simple Magazine - \$2.00 off any 1 (x2/08)
3 Musketeers Brand Miniatures Bag (original or mint) – 50 cents off any 1 (x4/05)
Blink Tears or GelTears lubricating eye drops - \$4.00 off any 1 (x2/28)
Complete Multi-Purpose Solution 12oz + - \$2.00 off any 1 (x2/28)
Complete Bink-N-Clean Lens Drops or Contacts Lubricant Eye Drops - \$1.00 off any 1 (x2/28)
Tropicana Pure Premium Juice products 64oz - \$1.00 off any 2 (x3/31)
Quaker High Fiber Instant Oatmeal - \$1.00 off any 1 (x3/31)
Quaker Oatmeal to Go Breakfast Bars - \$1.00 off any 2 (x3/31)
Quaker Instant Oatmeal - \$1.35 off any 2 (x3/31)
Quaker Old Fashioned or Quick Oats 18oz + - 60 cents off any 1 (x3/31)
Quaker Oatmeal Squares 16oz+ - 50 cents off any 1 (x3/31)
Quaker True Delights Granola Bars - \$1.00 off any 1 box (x2/28)
Quaker Life Cereal - \$1.00 off any 2 boxes (x3/31)
Quaker Chewy Granola Bars - \$1.00 off any 2 boxes (x2/28)
Rice-A-Roni or Pasta Roni - \$1.00 off any 4 (x2/28)
Aunt Jemima Mix or Syrup 24oz+ - \$1.00 off any 2 (x3/31)